



# MANAGEMENT OF ENTRY, STAY AND EXIT OF ATHLETES AND OTHER PEOPLE



Encourage regulated entry / exit times and procedures (possibly deferred or at least staggered) in order to avoid contacts and gatherings as much as possible.



Persons with respiratory infection symptoms cannot access the sports or training venue of an organization.



At the entrance, a dispenser with sanitizing gel must be available with the obligation of sanitizing the hands for all people who access.



Persons with a body temperature of 37.5 °C or higher cannot access the sports or training venue of an organization.



For each day of activity, the legal representative of the Club, of the Body or its delegate will have to draw up a list of the people present at the venue, such as athletes, instructors, coaches and other people. The list must be kept for at least 30 days.



Entry is guaranteed only with masks.

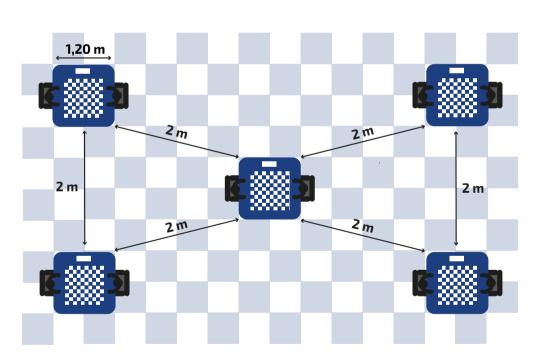


Maintain an adequate minimum interpersonal distance, however not less than 2 meters in the case of frontal activities without personal (masks and visors) or general protections (dividing panels).



Ensure that hand sanitizing devices are present at the entrance of the playing venue and on each game or jury table.

## LAYOUT OF PLAYING TABLES



## **DISTANCE AND HYGIENE RULES**

The handshake and any physical contact among players or other present at the playing venue or training center are forbidden (the usual gesture may be replaced by a nod of the head and / or the symbolic gesture of union of both their own hands by each player).





To ensure, the distance of at least 1 meter between the players, the board must be placed on tables with a side depth of not less than 1.20 meters, allowing, in the reflection phase, the lean on the table exclusively to the player who has to make a move.









During games or frontal training lasting longer than 15 minutes (that is, all matches except the draughts on 64 squares Blitz games), in addition to the mask, the players must wear protective visors; it will not be mandatory to use visors if the game tables are equipped with special transparent dividing panels, with a suitable "slot" (opening at the bottom) (H = 15-18 cm) useful for moving the pieces.





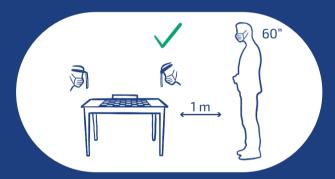


The tables may have a size of less than 1.20 meters, but in any case not less than 1 meter, only by being able to use dividing panels or carrying out outdoor activities.





Players or spectators, who approach the table to watch the games, can't stop for more than 1 minute and will still have to stay in an area where is guaranteed a distance of at least 1 m between people, always equipped with masks.



Players must frequently sanitize their hands with a sanitizing solution, appropriately made available from the Club or Body, in order to prevent any possible risk of contagion and, in any case, before meeting new opponents, before returning to the table after getting up and at the end of each training session.



During the entire duration of the game it is forbidden to touch your eyes, nose and mouth, with your hands; in case of need, provide first a new hand sanitization



The instructors and trainers must wear, in addition to the mask, a visor designed to further contain the issue of "droplets" and avoid, as far as possible, to approach the table at a distance of less than 1 meter.



During a training it is strongly recommended the use of video projection or a multimedia whiteboard or a magnetic mural board, which only the instructor and the coach can use.







It is not allowed to consume food in the training center or in the playing venue.



It is necessary to ensure an adequate air change of at least 10 minutes every 60 minutes inside the playing venue.